

Useful websites and online resources

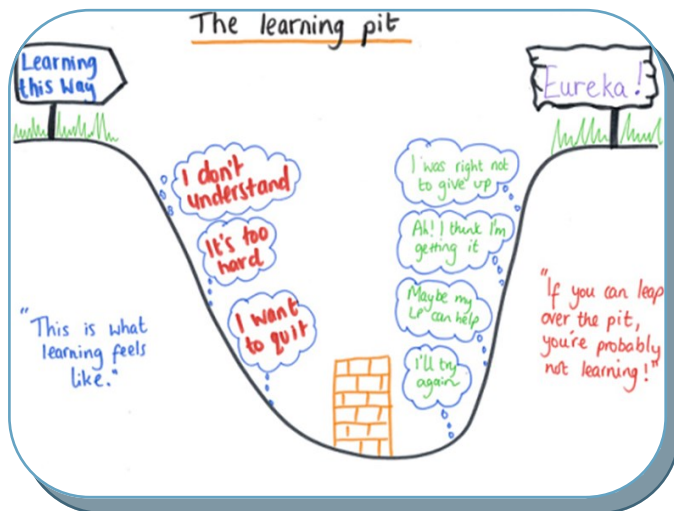
<https://www.mindsetworks.com/>

<https://www.mindsetkit.org/growth-mindset-parents>

<https://www.oxfordlearning.com/growth-mindset-tips-for-parents/>

<http://www.bbc.co.uk/cbeebies/grownups/help-your-child-try-new-things>

https://www.ted.com/talks/carol_dweck_the_power_of_believing_that_you_can_improve



How to encourage children in their learning

FIXED MINDSET
What not to say:

Not everybody is good at maths. Just do your best.

That's ok, maybe spelling is not one of your strong points.

You tried your best.

You'll get it if you keep trying.

(If children are using the wrong method, then their efforts might not work. Encourage them to try other strategies.)

GROWTH MINDSET

When you learn how to do a new kind of problem, it grows your maths brain!

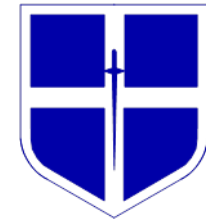
If you catch yourself saying 'I can't do it' just add 'yet' to the end of your sentence.

The point isn't to **get** it all right away. The point is to grow your understanding step by step. What can you try next?

That feeling of learning being hard, that is the feeling of your brain growing.

St Paul's Church of England Combined School

27th June 2017



Growth Mindset Open Day for Parents



Classroom tips for today

Notice the children's mistakes

"I noticed today you found ... really difficult. You are not quite there yet, but you will be soon."
 "You did really well to put so much effort in to ... but you didn't get it right."

Encouragement

"Don't give up on it, remember you are in the pit and you CAN find a way out."
 "You will be able to, you just don't know how... YET."

Explain the praise

"Well done for getting that all right – you tried really hard."
 "You persevered and worked hard to get to that answer."



Every word and action from parent to child sends a message. Listen to what you say to your child and tune in to the messages you are sending. Are they messages that say: *You have permanent traits and I am judging them?* Or are they messages that say: *You are a developing person and I am interested in your development?*

How do you use praise? Remember that praising intelligence or talent, tempting as it is, sends a fixed mindset image. It makes their confidence and motivation more fragile. Instead try to focus on the processes they use – their strategies, effort and choices. Practise working process praise into your interactions with your child.

Watch and listen to yourself carefully when your child makes a mistake. Remember that constructive criticism is feedback that helps the child understand how to fix something. It is not feedback that labels or simply excuses the child.

EDUCATION IS NOT LIMITED TO THE CLASSROOM. IT TAKES PLACE IN THE KITCHEN, ON THE CORNER, AS YOU WALK, WHEN YOU LISTEN, AND IN THE SILENCE.

Intelligence, gifts, talents & qualities can be cultivated through effort.

Behaviour = "I'm going to give this my best shot and if I can't do it now I will be able to if I persevere. I won't give up!"

The belief that qualities can be developed creates a passion for learning.

Behaviour = Will ask lots of questions and want to know more.

Risk takers - recognise the value of challenging themselves and the importance of effort.

Behaviour = May ask for more, will consistently have a go no matter what the topic.

Have a realistic understanding of their strengths and weaknesses.

Behaviour = "I'm not very good at this but I'll have a go at it" or "I can do this and I will keep at it so that I get better."

Act upon and learn from constructive criticism.

Behaviour = Instantly take on a new way of thinking when given an alternative approach.

Success is about stretching & developing yourself to learn new things.

Behaviour = Wants more realistic challenge or more of the same challenge to consolidate.

People who believe they can develop know they learn from mistakes.

Behaviour = Happy to make mistakes and will reflect upon them.

Takes satisfaction for own gains.

Behaviour = Quietly confident with how they are doing.

Low effort is a risk as you may not learn something new.

Behaviour = Asks for more challenge without bragging.