

Year 2	Year 3	Year 4	Year 5	Year 6
<p><u>Being me in my world</u></p> <p>Worries Hopes Fears Belonging Rights Responsibilities Responsible Actions Praise Reward Consequence Positive Negative Choices</p> <p>Co-operate Problem-solving</p>	<p><u>Being me in my world</u></p> <p>Welcome Valued Achievements Proud Pleased Personal goal Praise Acknowledge Affirm</p> <p>Emotions Feelings Nightmare Fears Worries Solutions Support</p> <p>Rights Responsibilities Learning Charter Nightmare Dream</p> <p>Behaviour Rewards Consequences Actions Feelings</p>	<p><u>Being me in my world</u></p> <p>Included Excluded Welcome Valued Team Role Job description School Community Responsibility Rights Democracy Reward Consequence Democratic Decisions Voting Authority Contribution Observer Decisions Choices UN Convention on Rights of the Child</p>	<p><u>Being me in my world</u></p> <p>Education Appreciation Opportunities Goals Motivation Vision Leadership Hopes Challenge Rights Responsibilities Citizen Denied Empathise Refugee Persecution Conflict Asylum Migrant Rights Wealth Poverty Prejudice Citizen Privilege Deprive Rewards Consequences Choices</p>	<p><u>Being me in my world</u></p> <p>Goals Worries Fears Value Welcome</p> <p>Choice Ghana West Africa Cocoa plantation Cocoa pods Rights Community Education</p> <p>Wants Needs Maslow Empathy Comparison Opportunities Education Choices Behaviour Rights Responsibilities Rewards Consequences Empathise</p>

	<i>Rights</i> <i>Responsibilities</i> <i>Fairness</i> <i>Choices</i> <i>Co-operate</i> <i>Challenge</i> <i>Group dynamics</i> <i>Team work</i> <i>Actions</i> <i>View point</i> <i>Ideal school</i> <i>Belong</i>		<i>Cooperation</i> <i>Collaboration</i> <i>Participation</i>	<i>Obstacles</i> <i>Cooperation</i> <i>Collaboration</i> <i>Legal</i> <i>Illegal</i> <i>Lawful</i> <i>Laws</i> <i>Participation</i> <i>Motivation</i> <i>Democracy</i> <i>Decision</i> <i>Proud</i>
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<u>Celebrating Difference</u> <i>Similarities</i> <i>Assumptions</i> <i>Stereotypes</i> <i>Boys</i> <i>Girls</i> <i>Differences</i> <i>Bully</i> <i>Purpose</i> <i>Difference</i> <i>Kind</i> <i>Unkind</i> <i>Inclusive</i> <i>Feelings</i>	<u>Celebrating Difference</u> <i>Family</i> <i>Loving</i> <i>Caring</i> <i>Safe</i> <i>Connected</i> <i>Difference</i> <i>Special</i> <i>Conflict</i> <i>Solve it together</i> <i>Solutions</i> <i>Resolve</i> <i>Witness</i> <i>Bystander</i> <i>Bullying</i>	<u>Celebrating Difference</u> <i>Character</i> <i>Assumption</i> <i>Judgement</i> <i>Surprised</i> <i>Different</i> <i>Appearance</i> <i>Accept</i> <i>Influence</i> <i>Opinion</i> <i>Attitude</i> <i>Bullying</i> <i>Friend</i> <i>Secret</i> <i>Deliberate</i> <i>On purpose</i>	<u>Celebrating Difference</u> <i>Conflict</i> <i>Difference</i> <i>Similarity</i> <i>Belong</i> <i>Banter</i> <i>Racism</i> <i>Colour</i> <i>Race</i> <i>Discrimination</i> <i>Culture</i> <i>Ribbon</i> <i>Bullying</i> <i>Rumour</i>	<u>Celebrating Difference</u> <i>Normal</i> <i>Ability</i> <i>Disability</i> <i>Visual impairment</i> <i>Empathy</i> <i>Perception</i> <i>Medication</i> <i>Vision</i> <i>Blind</i> <i>Viewpoint</i> <i>Perspective</i> <i>Assumption</i> <i>Belonging</i> <i>Experience</i> <i>Equality Act</i>
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<p><i>Sad</i> <i>Lonely</i> <i>Help</i></p> <p><i>Stand up for</i></p> <p><i>Male</i> <i>Female</i> <i>Difference</i> <i>Diversity</i> <i>Fairness</i> <i>Kindness</i></p> <p><i>Friends</i> <i>Special</i> <i>Unique</i> <i>Value</i></p>	<p><i>Gay</i> <i>Unkind</i> <i>Feelings</i> <i>Tell</i> <i>Banter</i></p> <p><i>Consequences</i> <i>Hurtful</i></p> <p><i>Compliment</i> <i>Unique</i> <i>Similarity</i></p>	<p><i>Bystander</i> <i>Witness Impression</i> <i>Changed</i> <i>Judgement</i> <i>Assumption</i> <i>Influence</i> <i>Special</i> <i>Different</i> <i>Accept</i> <i>Bully</i> <i>Problem solve</i> <i>Cyber bullying</i> <i>Text message</i> <i>Website</i> <i>Troll Special</i> <i>Unique</i> <i>Characteristics</i> <i>Physical features</i></p>	<p><i>Name-calling</i> <i>Racist</i> <i>Homophobic</i> <i>Cyber bullying</i> <i>Texting</i> <i>Banter</i> <i>Problem-solving</i> <i>Indirect</i> <i>Direct</i> <i>Happiness</i> <i>Culture</i> <i>Continuum</i> <i>Developing world</i> <i>Celebration</i> <i>Artefacts</i> <i>Display</i> <i>Presentation</i></p>	<p><i>Rights</i> <i>Community</i> <i>Respect</i> <i>Empathy</i></p> <p><i>Power</i> <i>Struggle</i> <i>Imbalance</i> <i>Control</i> <i>Harassment</i> <i>Bullying</i> <i>Banter</i></p> <p><i>Bullying behaviour</i> <i>Direct</i> <i>Indirect</i> <i>Argument</i> <i>Recipient</i></p> <p><i>Para Olympian</i> <i>Achievement</i> <i>Accolade</i> <i>Disability</i> <i>Sport</i> <i>Perseverance</i> <i>Admiration</i> <i>Stamina</i></p> <p><i>Celebration</i> <i>Difference</i> <i>Conflict</i></p>
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<u>Dreams and Goals</u>	<u>Dreams and Goals</u>	<u>Dreams and Goals</u>	<u>Dreams and Goals</u>	<u>Dreams and Goals</u>
<i>Realistic</i> <i>Proud</i> <i>Success</i> <i>Celebrate</i> <i>Achievement</i> <i>Goal</i> <i>Strengths</i> <i>Persevere</i> <i>Challenge</i> <i>Difficult</i> <i>Easy</i> <i>Learning together</i> <i>Partner</i> <i>Team work</i> <i>Product</i> <i>Dream bird</i> <i>Group</i> <i>Team work</i> <i>Problem-solve</i>	<i>Perseverance</i> <i>Challenges</i> <i>Success</i> <i>Obstacles</i> <i>Dreams</i> <i>Goals</i> <i>Ambitions</i> <i>Future</i> <i>Garden</i> <i>Decoration</i> <i>Team work</i> <i>Leader</i> <i>Design</i> <i>Cooperation</i> <i>Product</i> <i>Leadership</i> <i>Cooperation</i> <i>Strengths</i> <i>Motivated</i> <i>Enthusiastic</i> <i>Excited</i>	<i>Dream</i> <i>Hope</i> <i>Goal</i> <i>Determination</i> <i>Perseverance</i> <i>Resilience</i> <i>Positive Attitude</i> <i>Disappointment</i> <i>Fears</i> <i>Hurt</i> <i>Positive experiences</i> <i>Plans</i> <i>Cope</i> <i>Help</i> <i>Self-belief</i> <i>Motivation</i> <i>Commitment</i> <i>Team work</i>	<i>Dream</i> <i>Hope</i> <i>Goal</i> <i>Feeling</i> <i>Achievement</i> <i>Money</i> <i>Grown up</i> <i>Adult</i> <i>Lifestyle</i> <i>Job</i> <i>Career</i> <i>Profession</i> <i>Salary</i> <i>Contribution</i> <i>Society</i> <i>Determination</i> <i>Perseverance</i> <i>Motivation</i> <i>Aspiration</i> <i>Culture</i> <i>Country</i>	<i>Dream</i> <i>Hope</i> <i>Goal</i> <i>Learning</i> <i>Strengths</i> <i>Stretch</i> <i>Achievement</i> <i>Personal</i> <i>Realistic</i> <i>Unrealistic</i> <i>Feeling</i> <i>Success</i> <i>Criteria</i> <i>Learning steps</i> <i>Money</i> <i>Global</i> <i>Issue</i> <i>Suffering</i> <i>Concern</i> <i>Hardship</i>

<p>Dream Garden</p>	<p><i>Efficient Responsible</i></p> <p><i>Obstacles Frustration 'Solve it Together' Technique Solution</i></p> <p><i>Review Learning Self-review Celebrate Evaluate</i></p>	<p><i>Design Cooperation Review</i></p> <p><i>Learning Strengths Success Celebrate Evaluate</i></p>	<p><i>Aspiration Sponsorship Communication</i></p> <p><i>Support Rallying Team work Cooperation Difference</i></p>	<p><i>Sponsorship Empathy Motivation Leader Admire Respect Praise Compliment Contribution Recognition</i></p>
<p><u>Healthy Me</u></p> <p><i>Healthy choices Lifestyle Motivation</i></p> <p><i>Relax Relaxation Tense Calm Stress</i></p> <p><i>Healthy Unhealthy Dangerous Medicines Safe Body</i></p>	<p><u>Healthy Me</u></p> <p><i>Oxygen Energy Calories/ Kilojoules Heartbeat Lungs Heart Fitness Labels Sugar Fat Saturated Fat</i></p> <p><i>Healthy Drugs Attitude</i></p> <p><i>Safe Anxious</i></p>	<p><u>Healthy Me</u></p> <p><i>Friendships Emotions Healthy Relationships Friendship groups Value Roles Leader Follower Assertive Agree/disagree</i></p> <p><i>Smoking Vaping Pressure Peers</i></p>	<p><u>Healthy Me</u></p> <p><i>Choices Healthier behaviour Less healthy behaviour Informed decision Pressure Media Influence Vaping Unhealthy behaviour Emergency Procedure Recovery position Calm Level-headed</i></p> <p><i>Body image Social media Celebrity Altered</i></p>	<p><u>Healthy Me</u></p> <p><i>Responsibility Choice Immunisation Prevention</i></p> <p><i>Drugs Effects Motivation Prescribed Unrestricted Over-the-counter Restricted Illegal Volatile substances Synthetic highs New psychoactive substances</i></p>

<p>Balanced diet Portion Proportion</p> <p>Energy Fuel Nutritious</p>	<p>Scared Strategy Advice Dangerous Emergency Emergency Services Ambulance Fire engine Police car Coastguard</p> <p>Harmful Risk Feelings</p> <p>Complex Appreciate Body Healthy Safe Choice Risk</p>	<p>Guilt Advice</p> <p>Alcohol Liver Disease</p> <p>Pressure Peers Anxiety Fear</p> <p>Believe Assertive Opinion Right Wrong</p>	<p>Self-respect Comparison</p> <p>Informed decisions/ choices Pressure</p> <p>Debate Opinion Fact Healthy lifestyle Motivation</p>	<p>Exploited Vulnerable Drugs Criminal Illegal Gangs</p> <p>Pressure Strategies Reputation Anti-social behaviour Crime</p> <p>Mental health Emotional health Mental illness Symptoms</p> <p>Stress Triggers Strategies Managing Stress Pressure</p>
<p><u>Relationships</u></p> <p>Family Different Similarities Special Relationship</p>	<p><u>Relationships</u></p> <p>Male Female Unisex Role Job Responsibilities Differences</p>	<p><u>Relationships</u></p> <p>Relationship Close Jealousy Problem-solve Emotions</p>	<p><u>Relationships</u></p> <p>Characteristics Personal qualities Attributes Self-esteem</p> <p>Responsibility/Being responsible</p>	<p><u>Relationships</u></p> <p>Mental health Ashamed Stigma Stress Anxiety Support Worried</p>

<p>Important Cooperate</p> <p>Touch Physical contact Communication Hugs Like Dislike Acceptable Not acceptable</p> <p>Friends Likes/dislikes Conflict Point of view Positive problem solving</p> <p>Secret Surprise Good secret Worry secret Telling Adult Trust Surprised Happy Sad Frightened</p> <p>Trust Trustworthy Honesty Reliability</p>	<p>Similarities Respect Stereotype Careers Conflict Solution Problem solving Friendship Win-win Safe Unsafe Risky Internet Social media Private Messaging (PM) Direct Messaging (DM) Gaming Global Communications Transport Interconnected Food journeys Climate Trade Inequality Needs Wants Rights Deprivation United Nations Equality Justice Happiness Celebrating</p>	<p>Positive Negative</p> <p>Loss Strategy Shock Disbelief Numb Denial Anger Guilt Sadness Pain Despair Hopelessness Relief Acceptance Depression</p> <p>Souvenir Memento Memorial Loss Memories Special Remember</p> <p>Friendships Negotiate Compromise Trust Loyalty Anger Betrayal Empathy</p>	<p>Age restriction Social network Community Online Off line Responsibility Rights Risky</p> <p>Age restriction Violence Appropriate Grooming Trolled Gambling/betting Trustworthy</p> <p>Devices Screen time Social Off line Mental health Physical health</p> <p>Personal information Safe Online Choices Vulnerable Risk Grooming Rights Responsibilities</p>	<p>Signs Warning Support</p> <p>Emotions Feelings Sadness Loss Grief Denial Despair Guilt Shock Hopelessness Anger Acceptance Bereavement Coping strategies</p> <p>Power Control Authority Bullying Script Assertive Strategies</p> <p>Risks Pressure Influences Self-control Real/Fake True/untrue</p>
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<p>Compliments Celebrate Positive Negative Appreciate</p>	<p>Relationships Friendship Family Thank you Appreciation</p>	<p>Boyfriend Girlfriend Attraction Pressure Personal Comfortable</p> <p>Special Love Appreciation Symbol Care</p>		<p>Assertiveness Judgement</p> <p>Communication Technology Power Control Cyberbullying Abuse Safety</p>
<p><u>Changing Me</u></p> <ul style="list-style-type: none"> • Change • Grow • Life cycle • Control • Baby • Adult • Fully grown • Growing up • Old • Young • Change • Respect • Appearance • Physical • Baby • Toddler • Child • Teenager • Adult • Independent • Timeline 	<p><u>Changing Me</u></p> <p>Male Female Changes Birth Animals Babies Mother Growing up</p> <p>Baby Grow Nutrients Survive Love Affection Care</p>	<p><u>Changing Me</u></p> <ul style="list-style-type: none"> • Personal • Unique • Characteristics • Parents • Gene • Feelings • Responsibilities • Carers • Characteristics • Language • Mannerisms • Influence • Puberty • Menstruation • Menstrual Cycle • Periods • Menstrual Pads • Period Pants • Tampons • Vagina 	<p><u>Changing Me</u></p> <ul style="list-style-type: none"> • Self • Self-image • Body image • Self-esteem • Perception • Characteristics • Aspects • Affirmation • Puberty • Menstruation • Periods • Menstrual towels • Menstrual pads • Tampons • Ovary/ Ovaries • Vagina • Oestrogen • Vulva • Womb/Uterus 	<p><u>Changing Me</u></p> <ul style="list-style-type: none"> • Self-image • Self-esteem • Real self • Celebrity • Opportunities • Freedoms • Responsibilities • Puberty • Pregnancy • Embryo • Foetus • Placenta • Umbilical cord • Labour • Contractions • Cervix • Midwife • Attraction • Relationship

- *Freedom*
- *Responsibilities*
- *Male*
- *Female*
- *Penis*
- *Testicles*
- *Vulva*
- *Vagina*
- *Anus*
- *Public*
- *Private*
- *Touch*
- *Texture*
- *Cuddle*
- *Hug*
- *Squeeze*
- *Like*
- *Dislike*
- *Comfortable*
- *Uncomfortable*
- *Change*
- *Looking forward*
- *Excited*
- *Nervous*
- *Anxious*
- *Happy*

- Change*
- Puberty*
- Control*
- Stereotypes*
- Task*
- Roles*
- Challenge*
- Change*
- Looking forward*
- Excited*
- Nervous*
- Anxious*
- Happy*

- *Vulva*
- *Ovaries*
- *Hormone*
- *Testicles*
- Penis*
- *Circle*
- *Seasons*
- *Change*
- *Control*
- *Range of emotions*
(see emotions card resource)
- *Acceptance*
- *Looking forward*
- *Excited*
- *Nervous*
- *Anxious*
- *Happy*
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- *Hormones*
- *Puberty*
- *Sperm*
- *Semen*
- *Testicles/Testes*
- *Erection*
- *Ejaculation*
- *Wet dream*
- *Larynx*
- *Facial hair*
- *Growth spurt*
- *Hormones*
- *Teenager*
- *Milestone*
- *Perceptions*
- *Puberty*
- *Responsibilities*
- *Consent*
- *Change*
- *Hope*
- *Manage*
- *Cope*
- *Opportunities*
- *Emotions*
- *Fear*
- *Excitement*
- *Anxious*

- *Pressure*
- *Love*
- *Sexting*
- *Consent*
- *Independence*
- *Identity*
- *Values*
- *Relationships*
- *Pressure*
- *Adolescent*
- *Self-esteem*
- *Negative body-talk*
- *Choice*
- *Feelings/emotions*
- *Challenge*
- *Mental health*
- *Conception*
- *Sexual intercourse*
- *Fallopian tube*
- *Fertilisation*
- *Pregnancy*
- *Embryo*
- *Umbilical cord*